

# Victory Performance Consulting

Helping good people change the world.



## ENHANCING EMPLOYEE WELLBEING

### *How to Foster a Thriving Work Culture*

Employee wellbeing encompasses the physical, psychological, emotional, social, spiritual, career, and economic health of employees. Workplaces that value, support, and equip employees to thrive benefit from higher morale, engagement, retention, productivity, customer satisfaction, and other positive outcomes! This program introduces you to essential pillars of employee wellbeing, helps you identify common obstacles, and shows you how to measure, assess, and strategically improve employee wellbeing. Want to foster a thriving work culture? This program shows you how!

### **Learning Objectives:**

- Define employee wellbeing and explain its essential pillars
- Correlate employee wellbeing to positive organizational outcomes
- Measure and assess employee wellbeing and identify common obstacles
- Apply proven wellness strategies to foster a thriving work culture

### **Fields of Study:**

- Personal / Professional Development
- Business Management & Organization / Human Resources

### **Competencies:**

- Leading employees
- Strategic perspective