

Victory Performance Consulting

Helping good people change the world.



SOMETIMES YOU WIN, SOMETIMES YOU LEARN

How to Learn Life Lessons from Your Losses

Everyone faces setbacks, both personally and professionally. And while setbacks often feel like losses, they are also opportunities to learn valuable life lessons. Based on principles from John C. Maxwell's book by the same title, this program includes self-assessments, small group discussions, group activities, and other real-world applications that will help you adopt the right mindset to learn from adversity, get back on track, and turn your next setback into a leap forward. Want to turn your losses into transformational lessons? This program is for you!

Format and Duration:

- Online (worldwide) or onsite (Americas, Europe, Asia); 4-8 hours

Learning Objectives:

- List the eleven elements indicative of those who learn from adversity
- Explain how making excuses creates barriers to change and growth
- Describe what happens when people neglect to take responsibility
- Identify and implement positive change in your life

Leadership Competencies:

- Demonstrating self-awareness and composure under pressure
- Overcoming adversity by maintaining a strategic perspective

Fields of Study:

- Personal / professional development
- Social environment of business

