

Victory Performance Consulting

Helping good people change the world.



SOMETIMES YOU WIN, SOMETIMES YOU LEARN

How to Gain Life Lessons from Your Losses

Everyone faces setbacks, both personally and professionally. And while those setbacks can feel like losses, they are actually opportunities to learn valuable life lessons. Based on principles from John Maxwell's book by the same title, this program includes self-assessments, small group discussions, group activities, and other real-world applications that will help you adopt the right mindset to learn from adversity, get back on track, and turn your next setback into a leap forward. Want to turn your losses into lessons? Book this program.

Learning Objectives:

- List the eleven elements indicative of those who learn from adversity
- Explain how making excuses creates barriers to change and growth
- Describe what happens when people neglect to take responsibility
- Identify and implement positive change in your life

Fields of Study:

- Personal Development
- Professional Development

Competencies:

- Increasing Self Awareness
- Developing Adaptability & Overcoming Adversity

